

Lorica Prayer

I arise today
Through a mighty strength,

Christ with me, Christ before me, Christ behind me,
Christ in me, Christ beneath me, Christ above me,
Christ on my right, Christ on my left.

I arise today
Through invocation to the Trinity and Divine Mother,

Christ with me, Christ before me, Christ behind me,
Christ in me, Christ beneath me, Christ above me,
Christ on my right, Christ on my left.

I abide today
Through confession of the Oneness.
To the laws, cosmic and earthly of the Atom of creation.

Christ with me, Christ before me, Christ behind me,
Christ in me, Christ beneath me, Christ above me,
Christ on my right, Christ on my left.

I arise today
Through a mighty strength,
The Oneness through invocation
Through Mother Mary, through Moshe, through Jesus Christ,

Christ with me, Christ before me, Christ behind me,
Christ in me, Christ beneath me, Christ above me,
Christ on my right, Christ on my left.

I bind me today,
God's might to direct me,
God's power to protect me,
God's wisdom for learning,
God's eye for discerning,

God's ear for my hearing,
God's word for my clearing.
God's hand for my cover,
God's path to pass over,
God's buckler to guard me,
God's army to ward me,
Against snares of the devil,
Against vice's temptation
Against wrong inclination,
Against men who plot evil,
A near or afar, with many or few.
Christ near,
Christ here,
Christ be with me,
Christ beneath me,
Christ within me,
Christ behind me,
Christ be o'er me,
Christ before me.

Christ in the left and the right,
Christ hither and thither,
Christ in the sight
Of each eye that shall seek me,
In each ear that shall hear,
In each mouth that shall speak me—
Christ not the less
I bind me today on the Triune—I call.