



## The Teachings of George Washington Carver

**Archaei Mother Mary:** You have requested for a path of Washington Carver to learn homeopathy. Then one way is to find a homeopathic kit of medicine and use the keynotes and try the non-toxic medicines upon yourself and others in need at the Church.

**George Washington Carver:** What she has here below is a news reporting of what police can use for them at routine work. And it is what you can apply to yourself and others. *I thank you one and all for your love.*

**Deputy Amos:** You are a soul people. This should be easy for you. To figure out the keynote.

**Deputy Andy:** You are a soul people and do not have the jargon associated with labeling and stereotyping people. You can even ask your soul in Church who needs what and you can see to have a series of medicine for anyone.

**George Washington Carver:** You will see the changes immediately.

**MOTHER MARY:** But even the wrong medicine is used by the body.

**George Washington Carver:** Over the months however, like me the botanist, you see the great changes in life. *You are studying life.*

**Archaei Mother Mary:** We will have more of these articles at [howheal.com/news.html](http://howheal.com/news.html).

**Keynotes** are found at <http://howheal.com/keynote.html>.

## Worker First Aid Medicines

When you fall down a flight of stairs and say, "Oh, I'm alright," take **Arnica Montana**. When you are overwhelmed, and you say, "I just want to go cry," you take Arnica. The keynote is "mechanical injuries". So anything from falling off a horse to concussion, it will speed up the healing by months. Hitting your head is both Arnica (mechanical injury) and Aconite (sharp pain). Also Belladonna where you see the keynote "sudden and violent."

The **Belladonna** is not only needed for fever, the hot stage, but it is also when you see the horror of mutilation. The keynote is "sudden and violent." You need this medicine when you have a projected heart attack by psychic killers, where you suddenly have pain in the arm extending from the heart. Take the Belladonna, be still and the heart attack will subside.

The **Aconite Napellus** is for "sharp fear and sharp pain." Many of the guard stories required Aconite. Even chronic conditions such as pain in the body, Aconite will relieve the sharp pain even though it is not the chronic medicine.

**Ledum Palustre** is for severe disappointments and frustrations. You have expectations and they are not met, you take Ledum. It can at times be taken daily as almost everything is a disappointment. Remarks to you that are a "puncture wound" you would take Ledum. In the North East, they have ticks. You take Ledum as long as you need to remove the poison from tick bites. It removes the poisons or insect bites and remarks.

As workers are outside, you do get insect bites. **Apis Mellifica** is made from the honey bee. And when you have certain insect bites, you feel very estranged like you have been delivered into isolation in the hive. So in the instance where that Queen Bee might be the court of the City Council, I would take **Apis**. And as far as the insect sting itself, to remove the poison, you take **Ledum**. **Apis** is a key medicine in PTSD. If you have **Apis** in the bottle, you can put the medicine on the insect bite.

Chronic overwork, use **Nux Vomica**. It has the keynote of "tired on waking". It is how you see that with a flu or cold, there is the hangover stage, and this is a hangover medicine.

**Aurum Metallicum** is for suicide. It is for depression. It is for frozen eyeballs when you do not want to see anymore. Even one dose is enough for you to clear any suicide thoughts.

**Pulsatilla Niger** has the keynote “likes sympathy” or “likes empathy”. You are ready to throw everything out the window when you are asked to do one more thing. You are depressed and you want some empathy.

**Natrum Carb.** Keynote: “Exhaustion from least effort.” Mother Mary says if you would take a tissue salt, it would be this one.

On tissue salts you take it for nine months, once a week.

These are the daily first-aid medicines.

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- [In the first-aid kit is also the **Mercurius Corrosivus** that you take a few doses to remove the chronic disease vibration.
  - **Hepar Sulphur** for those who are cold working outside.
  - **Nux Vomica** use for stomach upsets.
  - **Lycopodium** for painful gas.
  - **Symphytum** is for broken bones take which is known as “knitbone”.
  - **Bryonia Alba** is for jet-lag.
  - **Calcarea Phos.** is for crooked teeth. So try it if you have your bones or your foundation misaligned by work.
  - **Carbo Vegetabilis** for when you need air for the lung. Also for needing air for cells.
  - **Chamomilla** is for earaches, severe hot pain in the ears. The keynote is “uncivil irritability”. At times, you do need this medicine when you are ready to scream.
  - **Ferrum Phos.** for the red face of the Irish.
  - **Allium Sativa** (Garlic), **Cedron**, **Arscenicum**, are all blood purifiers. Removing poison.
  - Severe bone trauma is **Hecla Lava**. This medicine has quite a few minerals in it. It is also used in cases of structure malaise, dental work, diabetes.
  - **Secale** is a blood normalizer. It is used in diabetes, all conditions of the too hot/too cold, blood not mixing right.
  - **Histamine** is for hay fever.
  - **Ipecac** for drinking foreign waters.
  - **Lyssin** for a mad temper.

- **Magnesium Phos** is for cramps and spasms in the muscle.
- **Rhus Tox** for poison oak.
- **Sanguinaria** for the age when the prostates become swollen.
- **Spongia** for cough.
- **Stannum** or **Silicea** or **Helleborus** for headaches.
- **Helleborus** or **Stramonium** for seeing mutilated bodies. Having nightmares.
- **Stophanthus Hispidus** is for the muscle stretched wrong and in pain. Standing on your feet too long and climbing stairs all day long is **Stophanthus Hispidus**, but it is also, that you need to eat whole grain rice cereal for the carbohydrates. The tissue salt **Natrum Carbonica** will aid. **Arnica Montana** when your muscles are sore and bruised. Too much sex also that drains the kidneys. **Nux Vomica** if you are burning your candle at both ends. **Archaei Mother Mary**: You would take **Secale** for a few weeks. You would in addition take the tissue salt, **Magnesium Phosphorica** once a week for 9 months. **Archaei Mother Mary**: On directly choking your throat, you have painful swallowing, you would use the medicines here plus **Spongia** which is made from toasted sponge. [i.e. sponge goes back in shape of sponge.]
- **Sulphur** for dental pain from hard to get at infections below teeth.
- **Thuja** is a gangster soup medicine. It has hiding, it is conniving. If you think you have cancer brewing anywhere, take a dose of this. Even skin cancer.
- **Veratrum Viride** for extreme exhaustion.
- **Zinc Phos.** is for financial and poverty worries.

This is my opinion. With the assistance of Mother Mary.

Any Comment from Mother Mary: She primarily wants you to see this soup that you live in. And you are constantly challenged with the trust, who do you trust? Other than those who live by the Ten Commandments, people do not have a path in which they reason with you. So she wants you to find words such as mickeymouse to describe people as you cannot trust them. (See Endnote.)

**MOTHER MARY**: They are honest but do not have integrity. And the most glamorous and well-heeled often do not have integrity.

**Archaei Mother Mary:** On gun wounds, you would use gunpowder medicine. However you can use **Arsenicum Album** and see if that takes care of the poisoning which is found in the health food stores.

On **back pain**, try a way to hit the meridian that is damaged. It is like a circuit breaker, you hit the painful spot, and it will act to restore the circuit breaker.

**Archaei Mother Mary:** Not all back pain is from meridian damage. Where you have pain from someone pushing the bone out of place, you will need to find someone with muscles who can push the bone back into place with no more than 50 pounds of the punch.



**Fillet Mignon:** What about the captain that neither able to see 360 degrees of a case, and puts you into the line of fire and says things like you're a rookie when that is not the situation at all? What I would do is to take the medicine **Apis** or **Ledum** or **Belladonna** and then go about your day and not let the disappointment to frustrate you. The word "right" is something only you can acknowledge. What *right* means is that you have a *right* to protect yourself, you have a *right* to protect your property whether it is your job or your home and so what is this *right*? It is where you say, my right is where there is not "force or fraud."

**NANCY of Oregon:** It is not a right where you demand my-right, my-right. Rather it is conditional in that you do defend yourself against force-or-fraud.

**NATHAN the Judge:** Here *right* means where you try your boundaries.

**Force:** A physical act by one or more persons and/or entities which is destructive to tire personal rights of others. The threat to execute such an act also constitutes force. When force is willfully carried out, it constitutes a criminal offense. When force is carried out as a result of an accident, the Person or entity

found responsible may have to pay damages.

**Fraud:** 1) A willful misrepresentation of a contract. 2) Any avoidable breach of a contract. 3) Any misrepresentation of a product property, skill, or person, to induce another person or entity to part with property, or to surrender a right. Fraud constitutes either a criminal or civil offense.

**Archaei Mother Mary:** Where this is a misuse of power, you will need to ascertain the right of passage on your own.

**NANCY of Oregon:** You see a person such as Nathan the Judge as "tough".

**NATHAN the Judge:** To toughen up, requires your thinking ability to see what are the odds for various scenarios, and to weigh justice.

**JARVIS RAYMOND:** It requires you to see the balance of forces.

**MOSES:** Where you find the force-or-fraud, you would then assert yourself in doing what is an equalization of power. At no time, would you put yourself in the lesser position to be injured either by the criminal, organized crime groups or by the captain himself in trying to push in you for a greater aggressiveness.

**JARVIS RAYMOND:** You yourself are required to see this balance of forces, that you not find yourself in the cross-fires of corrupt fire and corrupt power that does not guarantee nor account that you will live for another day.

**Fillet Mignon:** On the relationship issues, you will see a lot of the emotional problems clear up with the medicines.

**Archaei Mother Mary:** You will not bring home the states of trauma. Although, in this case, much of the troubles were not but by the 1930's mafia, the 1960's hippie city governance, the 1990's liberal-haters of police, the organized crime gangs with such international roots such as G20 nations.

The medicines themselves will clear up a great deal of the injuries on many levels whether physically, emotionally or traumas that never are resolved. You yourself know that the greatest pain is always emotional, and thus, you can take more than one medicine each day, and try them all listed as the home-kit medicines if you would, and continue to take rounds and rounds of the medicines until you learn them and what they are to help you in. Your days will

go by much faster and this is where homeopathy excels in, that what was overcome months ago in yesterday's time, is resolved in a few days.

**Deputy Andy:** You speak to one you do not trust. He says, "I will do this on Saturday", and he does not do it, he will say, "I didn't say which Saturday." This is the type of insolence you find often among the culture and you must be able to call them to an accounting upon this lying.

**Typist:** *What would I say?* You must answer. It could be a number of ways but you answer so that they do not own you for silence. "Get out of my face!" "Take your shit with you!"

**Deputy Amos:** And that is not swearing.

**Typist:** "I'm not sorting out shit: black, brown or red, take your shit with you."

**Deputy Andy:** What you are doing is to describe to them what they just did. It is not necessarily done with anger. There may be other ways to speak honestly, however you try.

**George Washington Carver:** You speak loudly and clearly and repeatedly. "You hear me! Take your shit with you!" They are trying you. You tell them not to lie, if they would come back. You see, the others will be grateful for what you say. **Speak the truth! How was I able to survive slavery! It was speaking the truth, NOT LYING!**

**Deputy Amos:** The Negroid is only as strong as his integrity, his word.



**Archaei Mother Mary:** And some of you have done just that!

**Nancy of Oregon:** Might I add then that you have meal tickets ready. For such insolence, it is empty talk. You would say that we need decree work in the chapel and you can earn a meal ticket.

**Deputy Amos:** They are to go to the 24/7 vigil even if it is a park bench but that they have work to do!

**Deputy Andy:** Remember that you say that the vigil is to work on the trouble-brewing of Amos & Andy.

**Deputy Amos:** You can give them a pencil can and tell them to go and do the rosary or decree and that you will put the meal ticket in there.

**Deputy Andy:** Largely they do not have the work assigned to them to do!

**George Washington Carver:** You see, you are given a mind and heart. No one can command this, can they? You then care for it. You are in the work of looking for life. You find that life, whether it is in the medicine or the church. You see, you then nurture life.

**Typist:** It is not tradition or a White man tradition you are seeking. You are seeking the life, love and Light that Jesus taught as the way.

**NOSTREDAME:** The Negroids were reluctant to follow the lead of Harriet Beecher as she was a White woman writing *Uncle Tom's Cabin*. To them then, how can she lead? It is that she was basing her work on the Christian belief of life, love and light as the way.

**George Washington Carver:** Much time has elapsed since then, has it not? And what has lasted? It is staying with the community, the community garden where there are still beautiful plants in bloom, you might say. It is not going helter-skelter. You are approaching in a scientific way, if you will, what would be good and not relying on anyone's largess of heart to help you but you see what is tradition such as the not lying that you learn from the Baptist faith and you are not allowing people to pigeonhole you to the point of saying: we are non-denominational!

You see, it is how you must work → **IN PIETY.**



**George Washington Carver:** How do I survive slavery? I will tell you that it is agriculture however it is more. It is faith. What you do is to take what others say to you whether heinous or degrading and you are able to put it into the waste basket if you will. This is something that you must learn to do in any case despite the race.

**EMPEROR LeAMTHE:** You are not saying "I", you say, "You said,..." But not "I am no good."

**George Washington Carver:** What you do is to act dumb to what it is they say to you. You put it in the waste paper basket, the words. You tend to what is life. If it is your homeopathic medicine kit, so be it.

**Deputy Andy:** This is a lie in the first place.

**Deputy Amos:** This is actually not lying. It is a deliberate countering of lying to yourself.



**George Washington Carver:** If you make a mistake and you instead had said in fear, "Yes sir, yes madam, I am no good." "Master, you say, I'm no good." You immediately correct it. Will you do this? You say, "Imax. Did you hear of a new Imax movie? Imax movie. What Imax movie? You know of an Imax movie?" You say it enough times to counter your own lying about yourself.

Did this happen to me? Yes!

I had to go back to the agricultural laboratory and see where I had made the mistakes in speech. And I went about my work to correct this as I am about life, not death.

**Deputy Amos:** You are to treat police no different.

**Deputy Andy:** In how you treat police, you treat yourself in justice and fairly.

This is the meaning that you do study as your church work what is co-dependency behavior. Alcoholic parents beating their children when the children did nothing. And you then must have an understanding that basically all Negroids have co-dependency behavior.

**Deputy Amos:** The original work on co-dependency is now becoming mainstream language such as children of alcoholic parents. To consider that you are in Nazi concentration camps does not actually help you as much as the teachings on co-dependency which Nostredame has said are Christ Second Advent Teachings.

Whole grain cereal recipe at  
[howheal.com/news.html](http://howheal.com/news.html)

**Deputy Amos:** The recipe is a few tablespoons of whole short grain brown rice and it constitutes the basis of your diet. If you rely on the government for food stamps, it is not this nutritious.

**Deputy Andy:** It is how you must be as Washington Carver to see what is reasonable for your life and life enhancing.

**MOTHER MARY:** Your strength then is in the whole grains. You yourself know the many trips to the government offices across town that is inconvenient to you and you yet are feeling still out of control of your diet when you are not eating whole grains as you should.

**George Washington Carver:** Can you live to your eighties as did I? It is largely of your choosing to affirm life or affirm— death and slavery! Have you thought of that? *You* affirm it.

**MOTHER MARY:** We are not talking about affirmations here albeit they are used but that you affirm with your actions who you are.

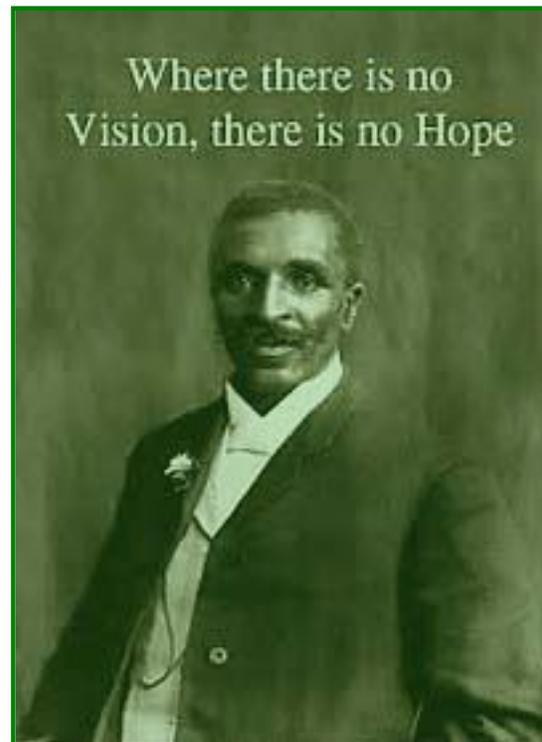
**EMPEROR LeAMTHE:** Catch yourself to say "I can't do it."

**MOTHER MARY:** The 24/7 vigils will change you nevertheless in the I AM affirmations.

**Deputy Amos:** Do not repeat their mistakes!

**Deputy Andy:** No, Do not make ever again the mistakes ever of Eldridge Cleaver, Bobby Seale, Huey Newton in the use of drugs and claiming some "certification of being Negroid" to have gone to prison a number of times!

**George Washington Carver:** What they did was to found a way of law. They themselves realized that if they were to move forward, it was based on some law, albeit they did not know of the conditions of that law. And as they already had prison terms, they could not actually even lead in what they might preach.



**Deputy Andy:** However it did create a wedge in the Negroid community for this half-truth!

**JESUS CHRIST:** It is still the ascension path that you must be on!

**MOTHER MARY:** It is where Michael Jackson had ultimately failed, as he was a Jesuit priest and he should have come into the Teachings and ascended from there. However it was not to be as the Whites feared him and did create scam lawsuits to stop him from entering the Christ path.

**Typist:** He was one to practice reason. Michael Jackson continued his tours to the end. Why? He said it was so that if he were killed, all of a sudden, there would then be an investigation immediately. If he had bought a chalet in Europe

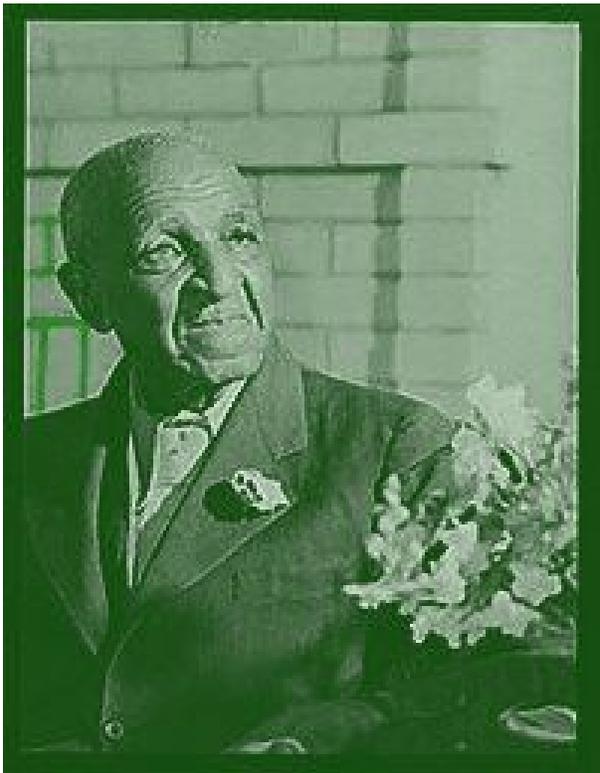
and went there in retirement, he said he would be killed in the bathtub and the lie in the news would be that he got in trouble with some prostitute.

**Nancy of Oregon for Stevie Wonder:** Actually even those in California might think that he *must be* an Uncle Tom (laughter.) I am nearing my ascension. So might this be your message today, that you do not act on superstition! Aha, I even sang a song *Superstition*, didn't I. You get out like the people in California and not fear the police around the compound but that you in your mind work and traverse on your reasoning power and *it is a power* and to recognize what holds you back to the ascension.

**MOTHER MARY:** His life is not what meets the eye. These are difficult lives where they accomplish little. And it is that basically once he broke away from Motown he was mostly in a daily calculation upon his life and safety.

**Typist:** Michael Jackson said that had he known about this thrift store clothing of the Negroids in the South, he would have with Elizabeth Taylor gone to you and not do the AIDS walks which did little.

**Deputy Andy:** Being tough is not what is asked of you but that you walk the ascension path *Be ye perfect as my heavenly Father is perfect* is not meant to mean the White master.



**Deputy Amos:** Or the God with the white beard! It is what we are talking about here—working on the co-dependency and alcoholism among Negroids and such.

**Deputy Andy:** What you are then faced with is that you understand law and here it is Christ law, Mosaic law, law of the Ten Commandments, law of the agricultural and homeopathic medicine world. You go and find law, you live by that law you prove the law.

**George Washington Carver:** The homeopathic medicine path is actually

an excellent one. The bottles are about \$8. Even if you practiced beginning with say 8 medicines: Belladonna, Ledum, Histamine, Apis, Nux Vomica, Arnica Montana, Pulsatilla and Secale. It would mean it is a life endeavor that you would keep growing.

You ask about what work can they do.

Once you start on the homeopathic medicine, you will see that you can barely keep up with the amount of work there is to stretch the medicine and it is an entirely big business the same as agriculture if you will it so

**JESUS CHRIST:** Perhaps not in dollars but it is a work of integrity. Moses taught this medicine. It is what my mother taught me in Palestine.

**Deputy Andy:** Not “too shabby”, right? Look for the two paths of Christ. Christ healing and Christ justice. Not business. Not welfare. Not social rights.

**EMPEROR LeAMTHE:** The Negroids that you are not to follow have been noted. Michael Jackson is a Level 5 and higher, Amos & Andy are basically Ascended Ones. This is the path to breaking out into economic success. You ask how do you attain the success of the Amos & Andy’s.



**Deputy Andy:** You develop where you are at the Church in the *disciplines*. Rockefeller said he would not have weathered all the monopoly lawsuits that were of the magnitude of the AT&T’s on Standard Oil Company that was a extensive monopoly in drilling, refineries and shipping, had it not been for his strict religious upbringing from the Baptist church.

**Deputy Amos:** Essentially without this strict religious disciplined background, you do not have the success of the Amos & Andy’s. This is the photograph of Rockefeller shown here as a Negroid, so you see the eyes, of the Light in the eyes, of perhaps a background of honesty and the integrity of the Church upbringing as he himself participated in teaching classes there and making the payments on the Church building as a young person.

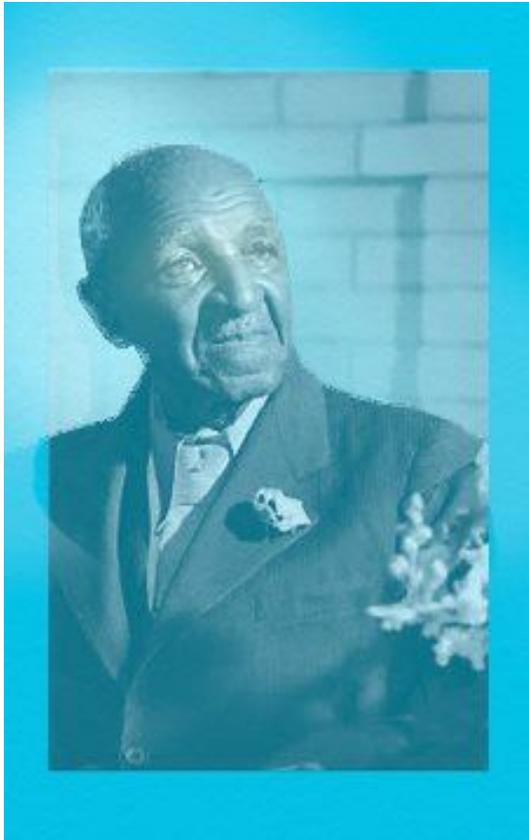
**Deputy Andy:** In this Rockefeller example of a life filled with fear and trepidation then, how you make it is not about color, is it? When one is not near his ascension, you can see why the 24/7 vigils take you into areas that bypasses much of this struggle in justice and equality.

**Deputy Amos:** We cannot comment on the monopoly lawsuits and trust busting, only that you see the struggle with fear in this one life who was a White man.

**Nancy of Oregon:** The Negroid condition is largely an *economic* misfit. And what they are saying is that you transcend this by going on the ascension path.

**JESUS CHRIST:** Or the Church path.

**EMPEROR LeAMTHE:** The Negroid is a statistic in Washington DC. Stevie Wonder is not a statistic! He is then suddenly into the community of the gospel singers of Aimee Semple McPherson as he nears his ascension.



**Deputy Amos:** He transcends race.

**NOSTREDAME:** The Negroids when in their communities in Church are able to find some peace. Outside this arena, they are always on guard for the safety of their life as they will fear the worse is about to happen to them.

However much is afoot here, as what is happening is that they are saying that if you would learn to not be superstitious, learn to reason and write with reason and soul intelligence, you attract the jobs and wealth that can come to you and you have earned it by the work that you do. You are not able to see where you are in 100 years and it is largely what you would do in the 24/7 vigils. You see yourself in a greater Light.