



The Teaching of B.B. King 3

Habits of Thought

To Be With Michael Jackson's Teachers

Bunk Johnson: What is this photo saying to you?

B. B. King: In this image, you see what the White people are afraid of, do you not?

With the advent of the primitive rap, you see the image here is again one of a fearsome person and this you must on the instant eradicate.



Nancy of Oregon: *He is complaining.* If he is at the crosswalk, he is saying, "The red light's too slow." saying, "Turn! I've waited too long!"

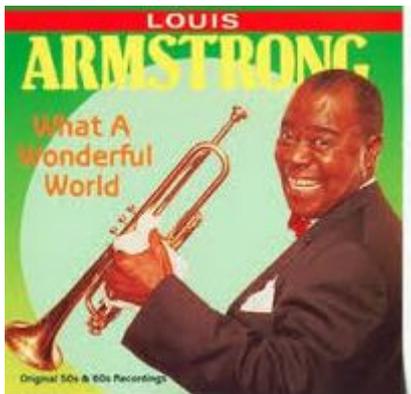
Bunk Johnson: What the slaves were constantly berated on was to hurry. **You could not do anything fast enough as you were told to "hurry up, hurry up, hurry up."**

B.B. King: You might say it is the reverse in this complaining, you see.

However this impatience with yourself is evil. This sense of injustice is evil.

EL MORYA: Injustice turns permanent, blame endemic. What has saved many a Negroid is hearing them saying with gratitude, "God is real in my life."

Louis Armstrong: It is what the poverty stricken say, that they are treated like hell. They can prove that it is a wonderful world. Like me.



B.B. King: These are self-defeating patterns and attitudes. You are to learn not to hurry, not to condemn yourself because you are learning.

Bunk Johnson: You take the time to learn!

It is no different than if you had a do-it-yourself-kit, is it not? You are not able to figure out the diagrams, and you need to go slowly in step one, two and three to finally put it together.

You do not throw up your hands and say, "The stupid kit." You say, "I need to do step 1, step 2, and step 3." Take a break, come back and work at it without much complaining!

B.B. King: You are to on the immediate, stop complaining.

When you hear yourself complaining to yourself, you offer a word of gratitude as taught to you by Louis Armstrong that it is a wonderful world.

Bunk Johnson: You, and everybody else, will make mistakes. However in the past you were whipped for a mistake. Now, you must say to yourself, "It's a honest mistake." "Everyone makes mistakes!"

Charlie Parker: When you make a mistake, do not be afraid to say aloud, "I made a mistake. Hallelujah, I am one step closer to completing the job!"

MOTHER MARY: You use deliberately God Gratitude on the 7:00 o'clock line.

Fate Marable: The mistake is said aloud that you begin to change the entire Negroid culture. You say it aloud day after day and time and time again in public places, and you will see the Negroid culture move forward.

MOTHER MARY—

Take out the drums.

Use the keyboard to time music.